

# Sports and Activity Cover

## COVERED SPORTS AND ACTIVITIES

This policy provides cover for recreational, non-professional (amateur) and non-competitive activities on an incidental or sole purpose of trip basis. As per the table below, some activities exclude claims arising under the personal liability or personal accident sections of cover.

Covered sports and activities	Includes Personal Liability Cover	Includes Personal Accident Cover
Activity centre holidays ( go ape )	✓	✓
Angling	✓	✓
Archery	✗	✓
Athletics	✓	✓
Badminton	✓	✓
Bamboo rafting	✗	✓
Banana boating	✗	✓
Bar Work	✓	✓
Baseball	✗	✓
Basketball	✓	✓
Beach football	✗	✓
Beach rugby	✗	✓
Body boarding	✓	✓
Bodybuilding	✓	✓
Bowling	✓	✓
Bowls	✓	✓
Breathing observation bubble	✓	✓
Bungee jump (one jump only)	✓	✓
Cricket	✗	✓
Croquet	✓	✓
Cycling-leisure	✗	✓
Dance	✓	✓
Fishing inland waters	✓	✓
Flying as passenger small plane – sightseeing trips only	✓	✓
Football	✗	✓
Glass bottom boats	✓	✓
Golf	✗	✓



Gymnastics	✓	✓
Hill walking	✗	✓
Hockey	✓	✓
Jogging	✓	✓
Marathon – UK only	✓	✓
Meditation	✓	✓
Netball	✗	✓
Non manual work	✗	✓
Rackets	✗	✓
Racquet ball	✗	✓
Refereeing	✓	✓
Restaurant work	✓	✓
Running	✓	✓
Running long distance – UK only	✓	✓
Sailing within 12 miles of shore	✗	✓
Sailing/yachting/motor cruising inside territorial waters	✗	✓
Scuba diving up to 9m depth	✓	✓
Snooker	✓	✓
Snow shoe walking	✓	✓
Softball	✗	✓
Spinning	✓	✓
Squash	✗	✓
Swimming in a pool	✓	✓
Swimming off a boat	✓	✓
Swimming with a lifeguard	✓	✓
Swimming without a lifeguard	✓	✓
Table tennis	✗	✓
Ten pin bowling	✗	✓
Tennis	✗	✓
Trekking/hiking up to 1000m	✓	✓
Whale watching	✓	✓
Winter walking ( poles and shoes )	✓	✓